

## How is double-eyelid surgery performed?

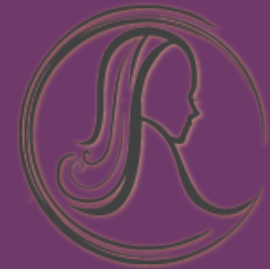
The surgery is done under local anaesthesia as this allows the patient to be awake and hold the eyelid in place. A sedative will be given to make you comfortable throughout the procedure. The surgical procedure usually lasts about two hours.

There are two techniques that can be utilized to perform Asian blepharoplasty. The two techniques include the open method and the suture method. The suture method is employed in individuals with thin skin and thin eyelids that fold in a spontaneous manner. If there is excess fat, then it can be removed through a stab incision. The open method is performed in individuals with thick excess skin and with thick muscles.

## What is Asian double-eyelid surgery?

Asian blepharoplasty, also referred to as double-eyelid surgery is a cosmetic procedure performed to create a pretarsal crease in the upper eyelid which is normally absent from birth in people of Asian origin.

The lack of a pretarsal crease may cause an unaesthetic appearance of puffy upper eyelids and a tired look. Some individuals may also complain of difficulty in application of eye makeup. Asian blepharoplasty gives your eyes a brighter look and also makes the application of eye makeup easier.



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## Asian Double Eyelid Surgery

## How is upper eyelid skin reduction surgery performed?

During the procedure you will be administered either local anaesthesia and sedation or general anaesthesia as felt appropriate by your plastic surgeon.

The incision on the upper eyelid is made such that after the procedure the scars are hidden in the natural creases of the upper eyelids. The fat or the extra skin is removed. The incisions are closed with sutures, surgical tape or skin adhesives. Medications and ointment are prescribed to help in faster healing and to prevent infection after the procedure.

You must wear sun glasses until healing is complete.

## What is upper eyelid skin reduction surgery?

Upper eyelid blepharoplasty is also called upper eyelid lift surgery. It is done to correct the puffiness, sagging and drooping of the upper eyelids. It improves the appearance of your eyelids and the area around it to give you a more youthful and relaxed look.

### Am I a good candidate for an eyelid lift surgery?

You are a candidate for eyelid lift surgery if you are healthy, a non-smoker and not suffering from any chronic or life threatening disease conditions. Risks associated with the procedure increase for people with diabetes, dry eyes, glaucoma, high blood pressure, thyroid problems, heart and vascular diseases.



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## Upper Eyelid Skin Reduction

## Can it be combined with other cosmetic surgeries?

Blepharoplasty can also be done along with other procedures such as face-lift, brow-lift or skin resurfacing to improve your looks substantially.



## What are the risks associated with the procedure?

Risks are rare but may include infection, scarring, temporary blurred vision or double vision and dry eyes. Loss of vision may occur in very rare cases.



## How long does recovery take?

The swelling and bruising seen after the procedure goes away in a few weeks. The scars of the incisions fade away in a few months to reveal beautiful eyes with well-defined smooth eyelids to give you a youthful and rejuvenated look.



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## How is lower lid eye bag reduction performed?

During the procedure you will be administered either local anaesthesia and sedation or general anaesthesia as felt appropriate by your surgeon.

The incision on the lower eyelid is either made just below the lower lash line or inside the lower eyelid. The excess skin is removed. The fat is excised, or relieved and refilled into tear trophy area. The incisions are closed with sutures, surgical tape or skin adhesives. Medications and ointment are prescribed to help in faster healing and to prevent infection after the procedure.

Note you must wear sun glasses till healing is complete.

## What are eye bags?

Bags under the eyes are a common sign of ageing and usually presents as minor puffiness or swelling below the eyes.

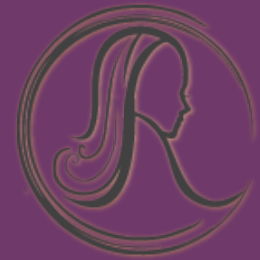
### Conservative treatment:

- Application of cold compresses such as a clean wet cloth under and around the eyes for a few minutes
- Get adequate sleep
- Sleep with your head raised
- Early treatment of underlying allergy

### Surgical treatment:

You can have eyelid lift surgery done only if you are healthy and not suffering from any chronic or life threatening disease conditions and are a non-smoker.

Risks are increased for people with diabetes, dry eyes, glaucoma, high blood pressure, thyroid problems, heart and vascular diseases.



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## Lower Eyelid/Eye Bag Reduction



## Can it be combined with other cosmetic surgeries?

Blepharoplasty can also be done along with other procedures such as face-lift, brow-lift or skin resurfacing to improve your looks substantially.



## What are risks associated with eye bag reduction surgery?

The associated risks may include infection, scarring, temporary blurred vision or double vision and dry eyes which occur rarely. Loss of vision may occur in very rare cases.



## What can I expect postoperatively?

The swelling and bruising seen after the procedure goes away in a few weeks. The scars of the incision fade away in a few months to reveal beautiful eyes with well-defined smooth eyelids to give you a young and rejuvenated look.



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